

Through implementation of self-advocacy strategies, persons with developmental disabilities are in the best position to describe their own capabilities and needs, to speak for themselves, to make their own decisions, and to make significant contributions to their communities. Community Interface emphasizes service recipient choice as the directing force behind individual support plans. Informed choices are based upon individual needs, desires, circumstances, and opportunities.

Community Living Services (Supported and Independent Living)

Service Characteristics

Empowerment of consumers to choose, establish, and maintain lifestyles and living situations like people without disabilities, via individually tailored support arrangements.

Consumers make their own choices and decisions regarding their everyday life.

Services are planned by the consumers rather than for them.

Staff-to-consumer ratio is usually 1:1.

Services are available throughout San Diego county and include 24 hour emergency support.

Eligibility

Adults who are eligible for Regional Center funded independent living or supported living services are eligible for Community Interface's services without regard to functioning levels, behavioral characteristics, ambulatory status, etc.

Service Settings

Consumers live in a neighborhood and setting of their choosing and use support systems designed by themselves and their support team.

Support is provided in the individual's home and other natural environments or community locations.

Examples of support system options:

- Utilizing attendant support as needed

- Living with paid or unpaid roommate(s)

- Living alone with 24 hour on-call support

- Living independently with independent living services provided as needed

Support and Training

Services emphasize functional skill development and community inclusion through individualized curriculum and instruction. Instructional areas may include:

- Self-advocacy

- Nutrition, meal planning, cooking

- Health and hygiene

- Use of medical and dental services

- Home and community safety

- Accessing recreation and leisure activities

- Household management

- Accessing community resources

- Money management

- Public transportation and mobility training

- Sexuality education

- Development of natural and informal supports

- Parenting

- Hiring, training, and supervision of personal attendants

- Informed decision making

- Adaptive equipment acquisition

Funding

San Diego Regional Center

In Home Support Services (when available)

For intake and referral information, please call (760) 729-3866.