

Through implementation of self-advocacy strategies, persons with developmental disabilities are in the best position to describe their own capabilities and needs, to speak for themselves, to make their own decisions, and to make significant contributions to their communities. Community Interface emphasizes consumer choice as the directing force behind individual support plans. Informed choices are based upon individual needs, desires, circumstances, and opportunities.

Community Integration Training (CIT) Community Based Adult Development Center

Service Characteristics

Diverse groups comprised of an average of three consumers and one staff member develop a schedule of activities relevant to individual goals and desires, and the availability of paid or volunteer work opportunities.

Empowerment of consumers to engage in meaningful and integrated community activities and paid or volunteer work experiences.

Eligibility

Adults who are eligible for Regional Center Adult Development Center (ADC) funding are eligible for Community Interface's services without regard to functioning levels, behavioral characteristics, ambulatory status, etc.

Service Schedule and Location

Consumers may participate part time or full time, five or six hours a day, two to five days per week, depending on need, site and staff availability, and transportation.

Worksite and activity locations vary as needs change and new opportunities arise. New locations are developed as referrals require. Typically sites are located throughout North County in Carlsbad, Encinitas, Escondido, Fallbrook, Oceanside, Poway, San Marcos, Ramona, Valley Center, and Vista.

Activities and Instructional Areas

Services emphasize functional skill development and community inclusion through age appropriate activities and curriculum. Instructional areas may include:

- Personal empowerment
- Employment skill development
- Self-advocacy
- Accessing community resources
- Social skill development
- Public transportation and mobility training
- Leisure and recreational skill development
- Health and hygiene
- Community safety
- Money and wage management
- Communication skills
- Employment training

Funding

San Diego Regional Center or other referring regional center.

For intake and referral information, please call (760) 729-3866.