

Through implementation of self-advocacy strategies, persons with developmental disabilities are in the best position to describe their own capabilities and needs, to speak for themselves, to make their own decisions, and to make significant contributions to their communities. Community Interface emphasizes consumer choice as the directing force behind individual support plans. Informed choices are based upon individual needs, desires, circumstances, and opportunities.

In-Home Respite Service

Service Characteristics

Assists individuals with developmental disabilities to remain living in their family home by providing intermittent non-medical care, support and supervision. Periodically relieves family members from the care and support they provide to their family member(s) with developmental disabilities, and provides a much needed break.

Eligibility

Individuals three years of age and up who are eligible for Regional Center funded Respite hours are eligible for Community Interface's services without regard to functioning levels, behavioral characteristics, ambulatory status, etc.

Service Schedule

Respite shifts are scheduled in advance, must be a minimum of four (4) hours, and may not exceed maximum Regional Center authorized hours. Sibling care can be provided at the same time under a private pay arrangement.

Service Settings

Community Interface's In-Home Respite Service serves all of San Diego County. Services occur in the home and at scheduled community activities as designated by the planning team and documented in the Support Needs Summary.

Support and Training

- Nutrition, meal planning, cooking
- Health and hygiene
- Socialization
- Recreation and leisure activities
- Accessing community resources and activities
- Supervision and direction
- Home and community safety
- Activities of daily living

Funding:

- San Diego Regional Center
- Private pay for sibling care and transportation services

For intake and referral information, please call (760) 729-3866.